



prouty  
project

# PROUTY Jammin'

## 2024 SCHEDULE

To register please go to our website, [www.proutyproject.com/proutyevents](http://www.proutyproject.com/proutyevents). A \$20 donation will be accepted for each session with all proceeds going to the Prouty Project Stretch Fund of the Minneapolis Foundation.

All Jammin' Sessions are held the first Tuesday of the month, 8 – 9:30 AM Central Time virtually via Zoom. Questions? Contact [stretch@proutyproject.com](mailto:stretch@proutyproject.com)

Strategic Planning • Leadership Development  
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[ProutyProject.com](http://ProutyProject.com) | 952.942.2922



### JANUARY

*No Jammin' Session due to the New Year's holiday!*



### #286 | FEBRUARY 6 | NIEYA AMEZQUITA

**Using Dance to Bridge the Gaps in Society**  
Performer & Choreographer | Amez Dance



### #287 | MARCH 5 | JODI WELLMAN

**How Many Mondays Do You Have Left?**  
Speaker, Author, Certified Coach | Four Thousand Mondays



### #288 | APRIL 2 | MYCHAL FRELIX

**The Gift of Adversity: Lessons from Life's Challenges**  
Co-Founder & COO | TurnSignl



### #289 | MAY 7 | SCOTT EDINGER

**The Growth Leader: Strategies to Drive the Top and Bottom Lines**  
Business Consultant, Advisor, Author | Edinger Consulting



### #290 | JUNE 4 | THREE PIONEERS

**Shooting for Greatness: The Paths of Three African American Basketball Pioneers and the Life Lessons They Learned Along the Way**

LISA LISSIMORE | Retired MN State High School League Associate Director

LINDA ROBERTS | Retired University of MN Athletic Department

KATHIE EILAND-MADISON | Chief Engagement & Inclusion Officer for Delta Dental of MN



### JULY

*No Jammin' Session due to the 4th of July holiday!*



### #291 | AUGUST 6 | CECILY SOMMERS

**Lead Like a Futurist: How To Know What To Do When You Don't Know What To Do**  
Futurist, Speaker, Author & Transformational Coach



### SEPTEMBER

*No Jammin' Session due to the Labor Day holiday!*



### #292 | OCTOBER 1 | KEVIN HANCOCK

**The Business of Shared Leadership**  
Speaker, Author, Managing Owner & Chairman | Hancock Lumber Company



### #293 | NOVEMBER 5 | ERIK WEIHENMAYER

**A No Barriers Life**  
Speaker, Athlete, Author & Co-Founder | No Barriers



### #294 | DECEMBER 3 | MAUREEN SMITH

**My Rookie Season with the Green Bay Packers**  
CFO | Green Bay Packers Football